

Shatin Public School (7/2019)

Date	Week	Meal A	Meal B	Meal C	Meal D
02/07	Tue	Chicken Fillet in Teriyaki Sauce w/Rice	N/A	N/A	N/A
03/07	Wed	Fish Fillet in Tomato Sauce w/Rice	Diced Pork and Mushroom in Cream Sauce w/Corn Rice	Rice Vermicelli with Shiitake Mushroom and Beef	Black Eye Beans, Pumpkin and Mix Mushroom w/Rice
04/07	Thu	Chicken Fillet in Portuguese Sauce w/Rice	Diced Beef, Carrot and Corn w/Oat Rice	E-fu Noodle with Sliced Pork	Herb Cream Red Kidney Bean and Assorted Vegetables w/Rice
05/07	Fri	Pork Chop in Corn Sauce w/Rice	Shredded Chicken in Tomato Sauce w/Carrot Rice	Spaghetti with Beef and Cabbage	Buddha's Delight and Soya Beans w/Rice
12/07	Fri	Steamed Pork Patty, Pumpkin and Corn w/Rice	N/A	N/A	N/A

- Notice :**
1. Students need to order for a whole month.
 2. According to the menu collection date, please attach a receipt on the right part of the chinese version menu and return it to the class teacher on time. Delay is not allowed.
 3. Please return the right part of this lunch order form even you do not need to order meals.
 4. All meals without board bean ingredients.
 5. All meals do not contain broad bean ingredients. #symbol-represents meal contain peanuts, @symbol-represents meal contain mushroom, ^symbol-represents meal contain milk(skimmed milk), please choose carefully if students have food allergies. !symbol-represents spicy meal, *symbol-indicate use high-quality boneless fish fillets, which may still contain fish bones, Please pay attention to your selection. All sauces are homemade, tomato ketchup, full cream milk, evaporated milk, whipping cream & coconut juice and coconut milk are not included. Does not contain deep fried food, skinless chicken fillets will be used. & represents E-fu noodle not deep fried by oil.(All meals include vegetables) * ()symbol after the meals represents a number of calories for reference only. *

Please fill your information and choose your meal A/B/C/D into the blank column and submit the Chinese version with this menu to Murray.